

PROGRAMME
MUNICH / GERMANY



EFAS Basic and **Advanced** Course
on Ankle Arthroscopy

www.efas.net

06-07 OCTOBER 2022
European Foot & Ankle Society

Arthrex GmbH, Erwin-Hielscher-Str. 9, 81249 Munich, Germany





EFAS Basic and Advanced Course on Ankle Arthroscopy

European Foot & Ankle Society

06-07 OCTOBER 2022

www.efas.net MUNICH / GERMANY



EFAS ARTHROSCOPY ADVANCED COURSE

COURSE DIRECTOR

Kris Buedts

FACULTY

Alberto Bailez
Paolo Ceccarini

Nuno Côte-Real
Henryk Liszka
Frederick Michels

Manuel Monteagudo
Lee Parker

THURSDAY 06th OCTOBER 2022

08:00 Registration

08:30 Welcome to the course, Basic and Advanced

08:40 Welcome from Sponsors / Rules about the Lab

08:50 -10:00 PRACTICAL EXERCISE 1:

1. Demonstration by the Faculty:

- Anterior approach review. **M. Monteagudo**
- Identification of landmarks. **M. Monteagudo**
- Identification of the lateral ligament complex. **N. Côte-Real**
- Identification of the medial ligament complex. **N. Côte-Real**
- Lateral ligament reconstruction / different techniques / augmentation. **F. Michels**
- Evaluation and reconstruction of the syndesmosis. **K. Buedts**

Exercise by the participants

10:00 - 10:15 Coffee Break

10:15 Anterior approaches in lateral ankle repair. **L. Parker**

10:25 Evidence for arthroscopic lateral ligament repair. **N. Côte-Real**

10:35 Is there a place for arthroscopic lateral ligament augmentation? Technique. **F. Michels**

10:45 Arthroscopic lateral Ligament Reconstruction: Surgical technique and evidence. **F. Michels**

10:55 Arthroscopic evaluation of the medial ankle ligament complex. **L. Parker**

11:15 Discussion

12:45 - 14:00 Lunch Break

14:00 PRACTICAL EXERCISE 2:

1. Demonstration by the Faculty

- Landmarks posterior approach / portals. **L. Parker**
- Subtalar and tibio-talar arthrodesis by posterior approaches. **F. Michels**

Exercise by the participants



EFAS Basic and Advanced Course on Ankle Arthroscopy

European Foot & Ankle Society

06-07 OCTOBER 2022

www.efas.net MUNICH / GERMANY



EFAS ARTHROSCOPY ADVANCED COURSE

15:25	PRACTICAL EXERCISE 3: 1. Demonstration by the Faculty <ul style="list-style-type: none">• Sinus tarsi approach. L. Parker• Endoscopic FHL transfer. N. Côte-Real Exercise by the participants
16:15- 16:30	Coffee Break
16:30	Evidence for open or endoscopic subtalar arthrodesis. A. Bailez
16:50	Review of the anatomy and approaches post arthroscopy. N. Côte-Real
17:05	Haglund and AT tendinopathy (endoscopic treatment possibilities). K. Buedts
17:20	Technique for endoscopic FHL transfer: Open or AS? N. Côte-Real
17:30	Treatment of AT tendinopathy with the Zadek osteotomy / evidence. K. Buedts
17:40	End of the day
20:00	Course dinner with the faculty and the participants

FRIDAY	07 th OCTOBER 2022
08:15	WELCOME
08:30	PRACTICAL EXERCISE 4: 1. Demonstration by the Faculty: <ul style="list-style-type: none">• Tendoscopy peroneal, Achilles and the posterior tibial tendon. M. Monteagudo• Endoscopic treatment plantar fascia. K. Buedts Exercise by the participants
09:15	ARTHROSCOPY OF THE MTPI JOINT: APPROACH AND INDICATION 1. Demonstration by the Faculty: <ul style="list-style-type: none">• Arthroscopy of the MTPI joint. K. Buedts Exercise by the participants
10:00-10:30	Coffee Break
10:30	Evidence and update for repair of the osteochondral lesions of the ankle joint. F. Michels
10:45	Plantar fasciitis: endoscopic techniques and evidence. K. Buedts
11:00	Peroneal pathology and the role of tendoscopy. M. Monteagudo
11:15	Ankle arthrodesis open or endoscopic? P. Ceccarini
11:30	Discussion
12:00-12:45	Lunch Break
12:45	Case clinic discussion basic and advanced course joining with the faculty
14:30	Closing of the day – Summary



Crédit photo: shutterstock®



GENERAL ORGANISATION :

MCO Congrès - Villa Gaby - 285 Corniche JF. Kennedy - 13007 Marseille - Phone : +33 (0) 4 95 09 38 00

CONTACT:

Information & Registration: Charlotte Martin - charlotte.martin@mcocongres.com

Sponsorship & Exhibition: Siham GUANDOURRO - siham.quandourro@mcocongres.com